



香港中華基督教青年會
Chinese YMCA of Hong Kong
大學及學院青年會部
University & College YMCA Department

VISION
2030



GLOBAL Y

TRAINEE PROGRAMME 2024

海外工作實習計劃

**Info
Pack**
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1. University & College YMCAs

The University & College YMCA Department is dedicated to providing tertiary students with services that enrich their holistic development and engage them in the YMCA movement. We aim to nurture students into future leaders with strong adaptability, creative insights and passion for serving the community. With the slogan "U-Adventures Begin Here", we strive to make students' university life fruitful and unforgettable by offering a wide array of distinguished local and overseas programmes, ranging from joint-u activities, and service/cultural tours to internships and a lot more.

In 2003, the first University YMCA[®] (Uni-Y[®]) was established at Hong Kong Baptist University. Gaining gradual recognition and support from the university staff, students, and the community, we drastically expanded the Uni-Y service to other local universities and colleges within 10 years. Our partnered tertiary institutions include:

1. Hong Kong Baptist University
2. Chung Chi College, The Chinese University of Hong Kong
3. The Hong Kong University of Science & Technology
4. The Chinese University of Hong Kong
5. Lingnan University
6. The Hang Seng University of Hong Kong
7. The Hong Kong Polytechnic University
8. The University of Hong Kong
9. YMCA College of Careers

2. Global Y Trainee Programme

2.1 Introduction

The Global Y Trainee Programme has served hundreds of students since it was first launched in 2004. An appreciable partnership has been developed with YMCAs in over 20 countries and regions (e.g. Bangladesh, Brazil, Cambodia, Canada, England, Fiji, Germany, Greece, India, Japan, Korea, Mainland China, New Zealand, Nepal, the Philippines, Singapore, Spain, Sri Lanka, Taiwan, Tanzania, Thailand and the United States etc.), offering students with valuable opportunities to work abroad during summer. However, affected by the global pandemic, it has been paused since 2020. Following the recovery steps of the pandemic, we have relaunched this international internship programme in 2023.

The Programme has continually received positive feedback from students, who often comment on their work experience in overseas YMCAs as rewarding. It has not only enriched their university life and offered them working experience but also allowed them to gain a better understanding of the mission of YMCA.



2. Global Y Trainee Programme

2.2 Objectives

- To provide a platform for students to develop positive working attitudes, explore their unique potentials, and strengthen their leadership, communication skills, and sense of responsibility, all of which will enhance their employability in their future careers
- To promote cultural exchange and global citizenship
- To foster friendships and collaborations among YMCAs worldwide by connecting university volunteers with overseas YMCA service units, increasing mutual cultural understanding

2.3 Internship Period

Option A: June to August 2024 (4 to 10 weeks)

Option B: June to Dec 2024 (6 months) (for 2023 & 2024 graduates only)

2.4 Job Nature

The job nature of the internship may include, but not limited to the followings:



**Camp Instructor/
Assistant**



**Cultural Programme/
Interest Class Tutor**



**Administrative/ Clerical/
Logistic Support**



Childcare

2. Global Y Trainee Programme

2.5 Internship Location & Programme Fees

Continents	Internship Locations (mainly at YMCA centres)	Programme Fee*
		Summer
North America	USA	\$18,000
Europe	Germany, Greece, Italy, Spain	\$11,000
Asia	The Philippines, Laos	\$6,500
	South Korea, Taiwan, Japan	\$7,500

* Including accommodation and partial meals.

Additional Expenses to be paid by Participants:

- Round-trip flight tickets
- Travel insurance
- VISA application fee (if any)
- Local transportation & other personal expenses
- \$1,000 deposit

2.6 Content & Schedule

Highlighted Activities	Schedule
Pre-departure Training Camp	20 to 21 April 2024 (Sat to Sun)
Overseas Internship	June to Mid August 2024 (4 to 10 weeks)

3. Internship Details

The destination options will be updated from time to time. Please stay tuned with our website.

3.1 North America

Destination	USA
Name of Campsite / Organization	Chinatown YMCA, YMCA of San Francisco
Internship Period (Tentative)	A: 5 June to 16 August B: 5 June to 5 December
Vacancies	6
Type of Accommodation	Dormitory
About Working Hours	5 working days per week; 8 hours per day
Allowance / Stipend	<ul style="list-style-type: none">• USD 500 (upon summer internship completion)• TBC (upon half year internship completion)
Roles	Summer Internship: <ul style="list-style-type: none">• Event planning for community programme• Teach in summer school• Organise activities in day camps Half Year Internship: <ul style="list-style-type: none">• All of the above• Child care assistant teacher• Health and wellness staff• Membership staff

** For ref. only. May subject to change due to actual circumstances*



3. Internship Details

The destination options will be updated from time to time. Please stay tuned with our website.

3.2 Europe

Destination	Germany
Name of Campsite / Organization	YMCA Siegerland
Internship Period (Tentative)	8 June to 21 July
Vacancies	2
Type of Accommodation	Youth Hostel
About Working hours	5 days per week, 6-8 hours a day
Allowance / Stipend	None
Roles	<ul style="list-style-type: none">• Campsite worker• Organise summer programmes for youth

** For ref. only. May subject to change due to actual circumstances*



3. Internship Details

The destination options will be updated from time to time. Please stay tuned with our website.

3.2 Europe

Destination	Germany
Name of Campsite / Organization	YMCA Bavaria
Internship Period (Temporary)	16 June to 12 July
Vacancies	2-3
Type of Accommodation	Campsite
About Working hours	Participants have to take care of campers and programme for three 5-day schools camps in English from Mon to Fri. Trainings will be arranged to interns upon arrival. Trainees have to take care of their accommodation during weekends and one-week off in between.
Allowance / Stipend	EUR 300 + extra subsidy on air ticket (amount tbc)
Roles	<ul style="list-style-type: none">• Organise English language camps for underprivileged teenagers with young people from Germany and other countries.• Major requirements:<ul style="list-style-type: none">◦ Good command of English◦ Experience in leading recreational and camp programmes◦ Caring and open to Christian faiths

* For ref. only. May subject to change due to actual circumstances



3. Internship Details

The destination options will be updated from time to time. Please stay tuned with our website.

3.2 Europe

Destination	Greece
Name of Campsite / Organization	Thessaloniki YMCA
Internship Period (Tentative)	17 June to 20 July
Vacancies	2
Type of Accommodation	Campsite & Youth Hostel
About Working hours	5 days per week, 6-8 hours a day
Allowance / Stipend	None
Roles	<ul style="list-style-type: none">• Campsite worker• Organise summer programmes for youth

** For ref. only. May subject to change due to actual circumstances*



3. Internship Details

The destination options will be updated from time to time. Please stay tuned with our website.

3.2 Europe

Destination	Italy
Name of Campsite / Organization	YMCA Italy Foundation
Internship Period (Tentative)	24 June to 20 July
Vacancies	2
Type of Accommodation	Dormitory
About Working hours	5 days per week, 6-8 hours a day
Allowance / Stipend	No
Roles	<ul style="list-style-type: none">• Administrative assistance in the promotion of training activities at the Catania campus• Support for communication and marketing activities
Remarks	<ul style="list-style-type: none">• Fluent in English and A2 Italian preferred

** For ref. only. May subject to change due to actual circumstances*



3. Internship Details

The destination options will be updated from time to time. Please stay tuned with our website.

3.2 Europe

Destination	Spain
Name of Campsite / Organization	YMCA Camp Priego
Internship Period (Tentative)	23 June to 26 July
Vacancies	1 Male 1 Female
Type of Accommodation	Campsite
About Working hours	TBC
Allowance / Stipend	No
Roles	<ul style="list-style-type: none">English Summer Camp Helper with Sports, Arts & Crafts, etc.

Name of Campsite / Organization	YMCA Camp Salduero
Internship Period (Tentative)	23 June to 22 July
Vacancies	1 Male 1 Female
Type of Accommodation	Campsite
About Working hours	TBC
Allowance / Stipend	No
Roles	<ul style="list-style-type: none">English Summer Camp Helper with Sports, Arts & Crafts, etc.

** For ref. only. May subject to change due to actual circumstances*



3. Internship Details

The destination options will be updated from time to time. Please stay tuned with our website.

3.3 Asia

Destination	The Philippines
Name of Campsite / Organization	YMCA of San Pablo City
Internship Period (Tentative)	TBC
Vacancies	1 Male 1 Female
Type of Accommodation	YMCA Centre
About Working Hours	6 working days per week; 8 hours per day
Allowance / Stipend	None
Roles	<ul style="list-style-type: none">• Youth facilitator/assistant in summer programmes• Community work assistant• Digital and photography work• Clerical support

** For ref. only. May subject to change due to actual circumstances*

3. Internship Details

The destination options will be updated from time to time. Please stay tuned with our website.

3.3 Asia

Destination	The Philippines
Name of Campsite / Organization	YMCA of Manila
Internship Period (Tentative)	July to December (exact date to be confirmed.)
Type of Accommodation	Hostel
About Working Hours	5-6 days per week, 6-8 hours a day
Allowance / Stipend	PHP 1,800 per week
Roles	<ul style="list-style-type: none">• Campsite worker/assistant• Organise Summer programmes for youths/children• Clerical support

** For ref. only. May subject to change due to actual circumstances*



3. Internship Details

The destination options will be updated from time to time. Please stay tuned with our website.

3.3 Asia

Destination	Taiwan
Name of Campsite / Organization	YMCA of Tainan
Internship Period (Tentative)	25 June to 14 August
Vacancies	4
Type of Accommodation	Homestay/ Student house
About Working Hours	5 working days per week; 8 hours per day
Allowance / Stipend	None
Roles	<ul style="list-style-type: none">• Campsite worker/assistant• Language instructor• Organise Summer programmes for youths/children• Clerical support
Special Requirement	<ul style="list-style-type: none">• Know video cut & Photography

** For ref. only. May subject to change due to actual circumstances*

3. Internship Details

The destination options will be updated from time to time. Please stay tuned with our website.

3.3 Asia

Destination	Taiwan
Name of Campsite / Organization	Nantou YMCA
Internship Period (Tentative)	20 June to 20 August
Vacancies	2
Type of Accommodation	Host Family
About Working Hours	5 working days per week; 8 hours per day
Allowance / Stipend	<ul style="list-style-type: none">• NT 2100 per week
Roles	<ul style="list-style-type: none">• Campsite worker/assistant• Language instructor• Organise Summer programmes for youths/children

** For ref. only. May subject to change due to actual circumstances*



3. Internship Details

The destination options will be updated from time to time. Please stay tuned with our website.

3.3 Asia

Destination	Taiwan
Name of Campsite / Organization	Changhua YMCA
Internship Period (Tentative)	A: 24 June to 16 August B: 24 June to 31 December
Vacancies	A: 2 Male, 2 Female B: 2 Female
Type of Accommodation	Dormitory
About Working Hours	5 working days per week; 8 hours per day
Allowance / Stipend	<ul style="list-style-type: none">• max. NT 1000 per week
Roles	<ul style="list-style-type: none">• Campsite worker/assistant• Language instructor• Organise Summer programmes for youths/children• Clerical support• Elder Care

** For ref. only. May subject to change due to actual circumstances*



3. Internship Details

The destination options will be updated from time to time. Please stay tuned with our website.

3.3 Asia

Destination	Laos
Name of Campsite / Organization	Laos YMCA
Internship Period (Tentative)	4 weeks (TBC)
Vacancies	TBC
Type of Accommodation	Hostel
About Working Hours	5 working days per week; 8 hours per day
Allowance / Stipend	None
Roles	<ul style="list-style-type: none">• Campsite worker/assistant• Organise Summer programmes for youths/children• Clerical support

** For ref. only. May subject to change due to actual circumstances*



3. Internship Details

The destination options will be updated from time to time. Please stay tuned with our website.

3.3 Asia

Destination	South Korea
Name of Campsite / Organization	Seoul YMCA
Internship Period (Tentative)	3 July – 28 August
Vacancies	2
Type of Accommodation	Hostel
About Working Hours	5 working days per week; 8 hours per day
Allowance / Stipend	TBC
Roles	<ul style="list-style-type: none">• Assistant of Childcare class/ English class/ Sports class• Facilitator of Youth programme/ Welfare programme• Assist in Summer Programme (camp or event)

** For ref. only. May subject to change due to actual circumstances*



3. Internship Details

The destination options will be updated from time to time. Please stay tuned with our website.

3.3 Asia

Destination	Japan
Name of Campsite / Organization	Osaka YMCA
Internship Period (Tentative)	June to August (1-2 months, exact period to be confirmed.)
Type of Accommodation	Host Family OR Hostel
About Working Hours	5-6 days per week, 6-8 hours a day
Allowance / Stipend	None
Roles	<ul style="list-style-type: none">• Campsite worker/assistant• Organise Summer programmes for youths/children• Clerical support• Kindergarten or nursery teaching assistant
Special Requirement	<ul style="list-style-type: none">• Applicants are required to have Japanese proficiency with at least level N3, most preferably to have N2 or above. Applicants with higher level of Japanese will work at campsite, others may work at kindergarten or nursery.
Remarks	<ul style="list-style-type: none">• Successful applicants will receive a conditional offer in late February. They will need to attend another interview conducted by the Osaka YMCA. The final decision rests with the Osaka YMCA. The results will be announced by mid-April.

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4. Past Trainee Feedback



Chinatown YMCA, San Francisco, USA

"I mainly assisted the groups in joining various activities in summer school, like bringing them to attend roping course, helping teachers on kayaking and so on. The most valuable thing I have learned at this internship is to step out from my comfort zone. As the American culture is not to plan too much, I am always confused and worried about it. But I get used to it even when I encounter the abrupt affairs. Now, I am looking forward to coming over the cultural differences in San Francisco and hope that I will have a memorable internship during the summer. "

Chan Tsz Wing, Uni-Y (CCC CUHK)



4. Past Trainee Feedback

YMCA San Pablo, The Philippines

Everyone around me has been kind to me, even to the extent that it surprised me, I still felt the happiness in the interactions, which helped me relax anytime and anywhere. Especially the children here, during the two feeding sessions at the elementary school, I felt their enthusiasm for communicating with foreigners. During the following days, I started to try my best to help with everything I could and share more with everyone in my own way. I woke up earlier to lend a hand, spent more time roaming around the YMCA instead of staying in my room, sought opportunities to interact with different people, observed and assisted in the kitchen, and shared Hong Kong snacks and dishes

Ng Chung Wang Anson, Uni-Y (CUHK)



Nantou YMCA, Taiwan

"Every day I spent in Nantou was fruitful and meaningful. My colleagues were responsible and zealous. They had given a detailed briefing on Caotun and our respective roles at work, allowing us to settle down comfortably. This blissful camp experience will forever be imprinted in my mind. I attended the city hunt which was a refreshing and an innovative way to get to know more about Taichung! River trekking was thrilling, serving as a great challenge for me. This final activity marked a perfect end for the camp. "

Mak Wai Yi, Uni-Y (LU)

4. Past Trainee Feedback

Seoul YMCA, Korea

During the internship, my work in kindergarten has made my daily life very fulfilling and has broadened my horizons. I have learned the skills in taking care of children. I originally thought that it would be the best for me to prepare everything for the children. However, by observing what the teachers did, I have found that it is very important to cultivate the children's self-care ability. We should leave more room for the children to complete the tasks by themselves.

Lo Wing Lam, Uni-Y (HKBU)



Sao Paulo YMCA, Brazil


During the first week of my stay, I was assigned to work as a helper at a circus school. The biggest problem I faced was the language barrier, since I don't speak Portuguese. At first I tried using Google translate, but then I found out that it didn't help a lot with the interaction. However, I found out that the time when the kids and I had the most fun was when I played the drums, danced and played basketball with them. This makes me question that even technology is so advanced nowadays, is it an upgrade at as many aspects as we thought. Rather than relying on phones, maybe we should focus more on sharing the knowledge and interests with others in person. God has already equipped me with so many talents. It is time for me to use them at their fullest.

Pang Ching Yan, Uni-Y (CUHK)



**SAY YES
TO AN
UNFORGETTABLE
SUMMER
INTERNSHIP
JOURNEY!**

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